FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL	
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person * Clair Justin	2. Issuer ONE LIBERTY PROPERTIES INC	Ticker or Trading Symbol [OLP]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
(Last) (First) (Middle) 60 CUTTER MILL ROAD SUITE 303	3. Date of Earliest Transaction (Month/Day/Y 08/16/2023		Director Officer (give title below) Chief Operating Officer	10% OwnerOther (specify below)			
(Street) <u>GREAT NECK, NY 11021</u> (City) (State) (Zip)	4. If Amendment, Date Original Filed (Month	/Day/Year)	 6. Individual or Joint/Group Filing (Will be automatically set) Form filed by One Reporting Person Form filed by More than One Reporting Person 				
	Rule 10b5-1(c) Transaction Indication Check this box to indicate that a the affirmative defense condition	transaction was made pursuan	ursuant to a contract, instruction or written plan that is intended to satisfy be Instruction 10.				

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1.Title of Security (Instr. 3)	2. Transaction Date (Month/ Day/ Year)	2A. Deemed Execution Date, if any (Month/ Day/ Year)			4. Securities Acqui (Instr. 3, 4 and 5)	ired (A) or Disposed of (I	D)		6. Ownership Form: Direct	7. Nature of Indirect Beneficial Ownership
			Code	V	Amount	(A) or (D)	Price	Owned Following Reported Transaction(s) (Instr. 3 and 4)	(D) or Indirect (I) (Instr. 4)	(Instr. 4)
Common Stock	08/16/2023		S		1,352	D	\$20.12	47,897	D	
Common Stock	08/16/2023		S		200	D	\$20.11	47,697	D	
Common Stock	08/16/2023		S		548	D	\$20.105	47,149	D	
Common Stock	08/16/2023		S		900	D	\$20.06	46,249	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

(e.g., puts, calls, warrants, options, convertible securities)

2. Conversion	3. Transaction	3A. Deemed	4. Transaction Cod	le	5. Numbe	r of	6. Date Exercisable	and Expiration Date	7. Title and Amount of Underlying	8. Price of	9. Number of	10.	11. Nature of
or Exercise	Date (Month/Day/	Execution Date, if	(Instr. 8)	Instr. 8) E		e	(Month/ Day/ Year)		Securities	Derivative	Derivative	Ownership	Indirect
Price of	Year)	any (Month/Day/		Securities			-		(Instr. 3 and 4)	Security	Securities	Form of	Beneficial
Derivative		Year)			Acquired (A) or					(Instr. 5)	Beneficially	Derivative	Ownership
Security					Disposed of (D)						Owned	Security:	(Instr. 4)
-					(Instr. 3, 4, and 5)						Following	Direct (D)	
			Code V	7	А	D	Date Exercisable	Expiration Date	Title Amount or Number of Shares		1		
	or Exercise Price of Derivative	or Exercise Date (Month/ Day/ Price of Year) Derivative	or Exercise Date (Month/ Day/ Execution Date, if Price of Year) any (Month/ Day/ Derivative Year)	or Exercise Date (Month/Day/ Execution Date, if Price of Year) any (Month/Day/ Derivative Security Year)	or Exercise Date (Month/Day/ Price of Year) Derivative Security (Instr. 8)	or Exercise Date (Month/Day/ Price of Year) any (Month/Day/ Derivative Security Year) Year) Acquired Disposed (Instr. 8) Acquired Disposed (Instr. 7, 4)	or Exercise Date (Month/Day/ Price of Year) Execution Date, if any (Month/Day/ Perivative Security Year) Year) (Instr. 8) Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	or Exercise Date (Month/Day/ Execution Date, if Price of Year) any (Month/Day/ Year) Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	or Exercise Date (Month/Day/ Execution Date, if Arguing (Month/Day/ Year) Price of Year) Arguine (Month/Day/ Year) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	or Exercise Date (Month/Day/ Price of Year) any (Month/Day/ Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5) Securities (Instr. 3 and 4)	or Exercise Price of Price of Security Execution Date, if any (Month/ Day/ Perivative Security Year) Year) (Instr. 8) Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5) (Instr. 3, 4, and 5) (Instr. 3, and 4) (Instr. 5)	or Exercise pate (Month/Day/ Price of Year) any (Month/Day/ Year) Security Securities (Instr. 3) Perivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5) Crede V A D D Determinische Exercise pate Training Determ	or Exercise Date (Month/Day/ Price of Year) any (Month/Day/ Security Security Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5) Derivative (Month/Day/Year) Securities Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5) Derivative (Instr. 3 and 4) Derivative Security Security Security Security Security Security Security Security Security (Instr. 5) Perivative Security Sec

Explanation of Responses:

Remarks:

/s/ Justin Clair

**Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

08/16/2023

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.